

National NCD Targets for Turkey

Premature mortality from noncommunicable disease



• 25% relative reduction in the overall mortality from cardiovascular diseases, cancer, diabetes or chronic airway diseases by 2025

Harmful alcohol use



• Halt the rise in alcohol consumption by 2025

Physical inactivity



• 10% reduction in the prevalence of insufficient physical activity by 2025

Sodium intake



• 30% relative reduction in the mean population intake of salt/sodium by 2025

Tobacco use



• 30% relative reduction in the prevalence of current tobacco use in persons aged 15+ years by 2025

Raised blood pressure



• 20% reduction in the prevalence of raised blood pressure by 2025

Diabetes and obesity



• Halt the rise in diabetes by 2025

• Halt the rise in obesity by 2025

Drug therapy to prevent heart attacks and strokes



• At least 50% improvement in cardiovascular drug therapy and counselling (including people who had heart attack and strokes) by 2025

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



[no target]