

National NCD Targets for Turkmenistan

Premature mortality from noncommunicable disease



[no target]

Harmful alcohol use



- 10% reduction of alcoholic beverages consumption by 2020

Physical inactivity



- 10% reduction of physical inactivity by 2020

Sodium intake



- 30% reduction of average salt / sodium consumption by 2020

Tobacco use



- Reduce prevalence of smoking to 30% by 2020

Raised blood pressure



- 25% reduction in hypertension by 2020

Diabetes and obesity



[no target]

[no target]

Drug therapy to prevent heart attacks and strokes



[no target]

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



- Increase provision of essential drugs to 80% and other drugs to 50% by 2020