

National NCD Targets for Tajikistan

Premature mortality from noncommunicable disease



• 0.5-1% reduction in mortality rate from broncho-pulmonary diseases from 2017

Harmful alcohol use



Physical inactivity



• 15% reduction in inactivity by 2023

Sodium intake



[no target]

Tobacco use



• 20% reduction in smoking and use of tobacco products by 2023

Raised blood pressure



• 3-5% reduction in rate of increase of the prevalence rate of hypertension by 2023

Diabetes and obesity



[no target]

• 10% reduction in prevalence of overweight and obesity

Drug therapy to prevent heart attacks and strokes



[no target]

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



[no target]