

# National NCD Targets for Tajikistan

#### Premature mortality from noncommunicable disease



• 0.5-1% reduction in mortality rate from broncho-pulmonary diseases from 2017

#### Harmful alcohol use



# Physical inactivity



• 15% reduction in inactivity by 2023

#### Sodium intake



[no target]

#### Tobacco use



• 20% reduction in smoking and use of tobacco products by 2023

### Raised blood pressure



• 3-5% reduction in rate of increase of the prevalence rate of hypertension by 2023

#### **Diabetes and obesity**



[no target]

• 10% reduction in prevalence of overweight and obesity

## Drug therapy to prevent heart attacks and strokes



[no target]

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



[no target]