

Premature mortality from noncommunicable disease



- By 2021, 20% reduction in premature mortality rate from NCDs (baseline 2010)

Harmful alcohol use



- By 2021, reduce harmful alcohol use in youth under 15 years of age to under 6.7 liter per person per year

Physical inactivity



- By 2021, decrease prevalence of physical inactivity by 8% (baseline 2010)

Sodium intake



- By 2021, decrease average salt/sodium intake in the population by 24% (baseline 2010)

Tobacco use



- By 2021, decrease prevalence of tobacco use in youth under 15 years of age to under 15.7%

Raised blood pressure



- By 2021, 20% reduction in the prevalence of raised blood pressure

Diabetes and obesity



- By 2021, stabilise prevalence of diabetes (baseline 2010)

- By 2021, stabilise prevalence of obesity (baseline 2010)

Drug therapy to prevent heart attacks and strokes



- By 2021, not less than 50% of all population over the age of 40 discovered to have indicative conditions of heart disease and cerebrovascular disease are provided with consultation for behavioral changes and preventive drug therapy (including glycaemic control drug)

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



- By 2021, availability of necessary drugs and basic technology for treatment/service for key NCDs patients at 80% of all public and private medical service facilities