

Premature mortality from noncommunicable disease



- Reduce mortality rate due to cardiovascular disease, cancer, diabetes or chronic respiratory diseases (per 100,000 people) to 500 by 2022 (679, 2015)

Harmful alcohol use



- Reduce consumption of alcohol per person (liters of pure alcohol) to 1.3 by 2022 (2.3, 2015)

Physical inactivity



- Increase the prevalence of regular moderate/physical activity to 88% by 2022 (80% 2015)

Sodium intake



[no target]

Tobacco use



- Reduce prevalence of tobacco consumption among persons aged 15+ years to 6% by 2022 (8.1% 2015)

Raised blood pressure



- Reduce prevalence of hypertension among persons aged 18+ years to 25% by 2022 (31.5% 2015)

Diabetes and obesity



- Reduce prevalence of diabetes to 5.6% by 2022 (8.3% 2015)

- Reduce prevalence of obesity to 9% by 2022 (11.2% 2015)

Drug therapy to prevent heart attacks and strokes



- 30% of eligible people receive observation for hypertension by 2020 (set 2017)

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



- 100% of primary health facilities offering the essential package of interventions for integrated management of NCDs by 2022 (set 2017)