

# National NCD Targets for Swaziland

# Premature mortality from noncommunicable disease



• 25% relative reduction in overall mortality from cardiovascular diseases, cancer, diabetes or chronic respiratory diseases from the baseline in 2014 by 2020

#### Harmful alcohol use



• At least 5% relative reduction in the harmful use of alcohol by 2020 (set 2015)

# Physical inactivity



• 10% relative reduction in prevalence of insufficient physical activity by 2020 (set 2015)

#### Sodium intake



• 30% reduction in mean population salt intake by 2020 (set 2015)

#### Tobacco use



• 30% relative reduction in prevalence of current tobacco use in persons aged 15+ years by 2020 (set 2015)

# **Raised blood pressure**



• 25% reduction in prevalence of raised blood pressure by 2020 (set 2015)

#### **Diabetes and obesity**



• 10% reduction in the prevalence of diabetes by 2020 (set 2015)

[no target]

# Drug therapy to prevent heart attacks and strokes



• 50% of eligible people receive drug therapy and counseling to prevent heart attacks and strokes by 2020 (set 2015)

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



[no target]