

National NCD Targets for Russian Federation

Premature mortality from noncommunicable disease



- Reduction of mortality from cardiovascular disease to 622.4/100,000 by 2020
- Reduction in mortality from coronary heart disease to 355.8/100,000 by 2020
- Reduction in mortality from cerebrovascular diseases to 208.4/100,000 by 2020

Harmful alcohol use



• Reduce per capita consumption of alcoholic beverages from 12.5 litres (2013) to 10 (2020)

Physical inactivity



• Increase physical activity from 30% (2015) to 40% (2020)

Sodium intake



[no target]

Tobacco use



• Reduce the prevalence of tobacco use among adults from 37.1% (2013) to 26% (2020)

Raised blood pressure



[no target]

Diabetes and obesity



[no target]

[no target]

Drug therapy to prevent heart attacks and strokes



[no target]

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



• 100% availability of essential medicines and basic technology to treat major NCDs