

## Premature mortality from noncommunicable disease



- 25% reduction in premature NCD mortality by 2024

## Harmful alcohol use



- 5% reduction in per capita consumption of alcohol by 2024 (2011 baseline)
- 5% relative reduction in the consumption of alcohol among adults by 2024 (2011 baseline)
- 10% relative reduction in heavy episodic drinking among adults by 2024 (2011 baseline)
- 5% relative reduction in heavy episodic drinking among youth by 2024

## Physical inactivity



- 20% relative increase in the prevalence of physical activity among youth by 2024 (2011 baseline)
- 10% absolute increase in the prevalence of recommended physical activity during leisure time among adults by 2024 (2011 baseline)

## Sodium intake



- 30% relative reduction in salt intake among adult population by 2024 (2011 baseline)

## Tobacco use



- 15% relative reduction in tobacco use among youth and adults by 2024 (2011 baseline)

## Raised blood pressure



- 20% relative reduction in the prevalence of hypertension among adults by 2024

## Diabetes and obesity



- No rise in diabetes through 2024 (prevalence stays below 10%)

- 30% relative reduction in overweight and obesity among children under aged 5 and youth by 2024
- No rise in obesity among adults through 2024 (prevalence stays below 25%)

## Drug therapy to prevent heart attacks and strokes



- By 2024, 50% of eligible people will receive drug therapy & counseling to prevent heart attacks and strokes

## Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



- By 2024, 80% availability of basic technologies & essential medicines for the treatment of the 4 main NCDs