

## Premature mortality from noncommunicable disease



[no target]

## Harmful alcohol use



- At least a 10% relative reduction in current drinkers by 2020 (baseline 7.1% 2007/8)
- 15% decrease in amount of standard drinks consumed by 2020
- 10% reduction of in the prevalence of binge drinking by 2020

## Physical inactivity



- 5% relative reduction in prevalence of insufficient physical activity by 2020 (73.4% engaged in high levels of activity 2007/8)

## Sodium intake



- 25% reduction in mean population intake of salt/sodium by 2020

## Tobacco use



- At least a 30% absolute decrease in current smokers by 2020 (44% 2007/8)

## Raised blood pressure



- 5% relative reduction in the prevalence of raised blood pressure by 2020 (10.2% men, 7.2% women 2007/8)

## Diabetes and obesity



- No rise in prevalence of diabetes through 2020 (14.7% men, 14% women 2007/8)

- At least a 5% reduction in adult obesity by 2020 (6.8% 2007/8)

## Drug therapy to prevent heart attacks and strokes



[no target]

## Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



- By 2020, 80% of health facilities do not have stock-outs of essential medicines required to treat major NCDs