

National NCD Targets for Nauru

Premature mortality from noncommunicable disease



• 15% relative reduction of premature mortality from NCDs by 2020

Harmful alcohol use



- 8% relative reduction of harmful use of alcohol in adults by 2020
- 10% relative reduction of binge drinking among adolescents by 2020

Physical inactivity



• 8% relative reduction of physical inactivity by 2020

Sodium intake



• 25% relative reduction of salt/sodium intake by 2020

Tobacco use



- 50% relative reduction of tobacco use among adults by 2020
- 50% relative reduction of tobacco use among adolescents by 2020

Raised blood pressure



• 20% relative reduction of raised blood pressure by 2020

Diabetes and obesity



- Halt the rise in prevalence of diabetes by 2020
- Halt the rise in prevalence of obesity by 2020

Drug therapy to prevent heart attacks and strokes



• 45% coverage of drug therapy and counselling for eligible people by 2020

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



• 75% coverage of essential medicines and technologies by 2020