

National NCD Targets for Nigeria

Premature mortality from noncommunicable disease



• 25% reduction in overall mortality due to cardiovascular disease, cancer, diabetes and chronic respiratory diseases by 2025

Harmful alcohol use



• 10% reduction in alcohol consumption (including hazardous and harmful drinking) by 2025

Physical inactivity



• 10% reduction in prevalence of insufficient physical activity by 2025

Sodium intake



• 30% reduction in mean adult (aged 18+) population salt intake, with the aim of achieving recommended level of <5g per day by 2025

Tobacco use



• 30% reduction in prevalence of current tobacco use by 2025

Raised blood pressure



• 25% reduction in prevalence of raised blood pressure by 2025

Diabetes and obesity



• Halt rise in diabetes by 2025

• Halt rise in obesity by 2025

Drug therapy to prevent heart attacks and strokes



• 50% of eligible people receive drug therapy and counseling to prevent heart attacks and strokes by 2025

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



• 80% availability of the affordable and basic technologies and essential medicines, including generics, required to treat major and noncommunicable diseases in both public and private facilities by 2025