

# National NCD Targets for Malaysia

#### Premature mortality from noncommunicable disease



• Reduce premature mortality from cardiovascular diseases, cancer, diabetes or chronic respiratory diseases to 15% by 2025 (20% 2010)

#### Harmful alcohol use



• Maintain prevalence of harmful use of alcohol below 1.2% by 2025

### Physical inactivity



• Reduce prevalence of insufficient physical activity to 30% by 2025 (35.2% 2011)

#### Sodium intake



• Reduce salt intake of adult population to 7.4 gm/day by 2020

#### Tobacco use



• Reduce prevalence of current tobacco use among persons aged 15+ years to 15% by 2025 (23% 2011)

## Raised blood pressure



• Reduce prevalence of raised blood pressure to 26% by 2025 (32.2% 2011)

#### Diabetes and obesity



• Halt the rise in prevalence of diabetes

• Halt the rise in prevalence of obesity

# Drug therapy to prevent heart attacks and strokes



[no target]

# Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



[no target]