# National NCD Targets for Malaysia

## Premature mortality from noncommunicable disease
- Reduce premature mortality from cardiovascular diseases, cancer, diabetes or chronic respiratory diseases to 15% by 2025 (20% 2010)

## Harmful alcohol use
- Maintain prevalence of harmful use of alcohol below 1.2% by 2025

## Physical inactivity
- Reduce prevalence of insufficient physical activity to 30% by 2025 (35.2% 2011)

## Sodium intake
- Reduce salt intake of adult population to 7.4 gm/day by 2020

## Tobacco use
- Reduce prevalence of current tobacco use among persons aged 15+ years to 15% by 2025 (23% 2011)

## Raised blood pressure
- Reduce prevalence of raised blood pressure to 26% by 2025 (32.2% 2011)

## Diabetes and obesity
- Halt the rise in prevalence of diabetes
  - Halt the rise in prevalence of obesity

## Drug therapy to prevent heart attacks and strokes
- [no target]

## Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases
- [no target]