

National NCD Targets for Mauritania

Premature mortality from noncommunicable disease



• Reduce unconditional probability of dying aged 30-70 years of cardiovascular disease, cancer, diabetes or chronic respiratory disease to 28% by 2020 (32% 2014)

Harmful alcohol use



[no target]

Physical inactivity



• Reduce the prevalence of physical inactivity to 49.4% by 2020 (54.5% 2006)

Sodium intake



• 10% reduction in the mean population salt intake by 2020

Tobacco use



• 30% reduction in the prevalence of current smoking among people aged 15 years+

Raised blood pressure



• Reduce prevalence of high blood pressure to 19% by 2020 (22.4% 2006)

Diabetes and obesity



Stop the rise in diabetes

• Stop the rise in obesity

Drug therapy to prevent heart attacks and strokes



40% of eligible people receive drug therapy and counselling (including glycemic control) by 2020

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



• 70% availability of the affordable and basic technologies and essential medicines, including generics, required to treat major NCDs in both public and private facilities by 2020