

National NCD Targets for Mozambique

Premature mortality from noncommunicable disease



• 10% reduction in premature mortality (under 50 years) due to cardiovascular diseases, diabetes, cancer and respiratory diseases by 2021

Harmful alcohol use



• At least 5% reduction in the harmful use of alcohol by 2021

Physical inactivity



• 10% reduction in sedentary behaviour by 2019

Sodium intake



• 5 multisectoral meetings to advocate for the reduction of salt and sugar in packaged food by 2019

Tobacco use



• Ratify the Tobacco Framework Convention by 2021

Raised blood pressure



• 10% reduction in the prevalence of high blood pressure by 2021

Diabetes and obesity



• No rise in diabetes by 2021

• No rise in obesity by 2021

Drug therapy to prevent heart attacks and strokes



• At least 30% of persons diagnosed with diabetes or hypertension are treat by 2021

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



[no target]