## National NCD Targets for Mongolia

**Premature mortality from noncommunicable disease**
- Reduce mortality rate (per 10,000 population) attributed to cardiovascular disease to 17.4 by 2021 (20.9 2013)
- Reduce mortality rate (per 10,000 population) attributed to cancer to 10.5 by 2021 (12.6 2013)

**Harmful alcohol use**
- Reduce percentage of excessive alcohol users to 9.6% by 2021 (10.3% 2013)

**Physical inactivity**
- Reduce percentage of people who are physically inactive to 20.8% by 2021 (22.3% 2013)

**Sodium intake**
- Reduce average adult (25-64 years) salt consumption to 8.9 g/day by 2021 (11.1 g/day 2013)

**Tobacco use**
- Reduce prevalence of tobacco consumption to 21.7% by 2021 (27.1% 2013)

**Raised blood pressure**
- Reduce prevalence of hypertension to 22.9% by 2021 (27.5% 2013)

**Diabetes and obesity**
- Reduce prevalence of high blood glucose to 6.9% by 2021 (8.3% 2013)
- Reduce prevalence of overweight and obesity to 45.3% by 2021 (54.4% 2013)

**Drug therapy to prevent heart attacks and strokes**
- 79.5% coverage of blood pressure screening of adults aged 40-64 years (38.5% 2013)
- 77.5% coverage of diabetes screening of adults aged 40-64 years (32.5% 2013)

**Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases**
- [no target]