

National NCD Targets for Mongolia

Premature mortality from noncommunicable disease



- Reduce mortality rate (per 10,000 population) attributed to cardiovascular disease to 17.4 by 2021 (20.9 2013)
- Reduce mortality rate (per 10,000 population) attributed to cancer to 10.5 by 2021 (12.6 2013)

Harmful alcohol use



• Reduce percentage of excessive alcohol users to 9.6% by 2021 (10.3% 2013)

Physical inactivity



• Reduce percentage of people who are physically inactive to 20.8% by 2021 (22.3% 2013)

Sodium intake



• Reduce average adult (25-64 years) salt consumption to 8.9 g/day by 2021 (11.1 g/day 2013)

Tobacco use



• Reduce prevalence of tobacco consumption to 21.7% by 2021 (27.1% 2013)

Raised blood pressure



• Reduce prevalence of hypertension to 22.9% by 2021 (27.5% 2013)

Diabetes and obesity



• Reduce prevalence of high blood glucose to 6.9% by 2021 (8.3% 2013)

• Reduce prevalence of overweight and obesity to 45.3% by 2021 (54.4% 2013)

Drug therapy to prevent heart attacks and strokes



- 79.5% coverage of blood pressure screening of adults aged 40-64 years (38.5% 2013)
- 77.5% coverage of diabetes screening of adults aged 40-64 years (32.5% 2013)

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



[no target]