

# National NCD Targets for Montenegro

### Premature mortality from noncommunicable disease



• By 2025, 25% relative reduction in the overall mortality from cardiovascular diseases, cancer, diabetes or chronic respiratory diseases

#### Harmful alcohol use



• By 2025, at least 10% relative reduction in the harmful use of alcohol

#### **Physical inactivity**



• By 2025, 10% relative reduction in the prevalence of insufficient physical activity

#### Sodium intake



• By 2025, 50% relative reduction in the mean population intake of salt

#### Tobacco use



• By 2025, 50% relative reduction in prevalence of current tobacco use in persons aged 15 + years

## **Raised blood pressure**



• By 2025, 25% relative reduction in the prevalence of the raised blood pressure

#### **Diabetes and obesity**



• By 2025, halt the rise in diabetes

• By 2025, halt the rise in obesity

# Drug therapy to prevent heart attacks and strokes



• By 2025, at least 50% of eligible people receive drug therapy and counselling (including glycaemic control) to prevent heart attacks and strokes

# Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



• By 2025, 80% availability of affordable basic technologies and essential medicines, including the generics, required to treat major non-communicable diseases in both public and private facilities