

# National NCD Targets for Latvia

#### Premature mortality from noncommunicable disease



- Reduce mortality rate from cardiovascular disease (per 100,000) to 130 by 2020 (157.6, 2012)
- Reduce mortality rate from cancer (per 100,000) to 96 by 2020 (108.6, 2012)

## Harmful alcohol use



• Reduce absolute alcohol consumption per capita (liters) among those aged 15+ years to 9.5 by 2020 (10.3, 2012)

# Physical inactivity



• Increase the proportion of people who engage in physical activity at least 1-2 times a week to 40% by 2020 (27% 2009)

## Sodium intake



[no target]

#### Tobacco use



• Reduce proportion of daily smokers (aged 15-64 years) to 28% by 2020 (34.3% 2012)

# Raised blood pressure



[no target]

## Diabetes and obesity



[no target]

• Reduce proportion of people aged 15-64 years who are overweight or obese to 46% by 2020 (49.1% 2012)

# Drug therapy to prevent heart attacks and strokes



[no target]

# Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



[no target]