### National NCD Targets for Latvia

#### Premature mortality from noncommunicable disease
- Reduce mortality rate from cardiovascular disease (per 100,000) to 130 by 2020 (157.6, 2012)
- Reduce mortality rate from cancer (per 100,000) to 96 by 2020 (108.6, 2012)

#### Harmful alcohol use
- Reduce absolute alcohol consumption per capita (liters) among those aged 15+ years to 9.5 by 2020 (10.3, 2012)

#### Physical inactivity
- Increase the proportion of people who engage in physical activity at least 1-2 times a week to 40% by 2020 (27% 2009)

#### Sodium intake
- [no target]

#### Tobacco use
- Reduce proportion of daily smokers (aged 15-64 years) to 28% by 2020 (34.3% 2012)

#### Raised blood pressure
- [no target]

#### Diabetes and obesity
- [no target]
- Reduce proportion of people aged 15-64 years who are overweight or obese to 46% by 2020 (49.1% 2012)

#### Drug therapy to prevent heart attacks and strokes
- [no target]

#### Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases
- [no target]