

# National NCD Targets for Lithuania

#### Premature mortality from noncommunicable disease



- Reduce mortality rate from cardiovascular disease (per 100,000) to 310.4 by 2025 (451.1, 2012)
- Reduce mortality rate from cancer (per 100,000) to 165.5 by 2025 (182.1, 2012)

### Harmful alcohol use



• Reduce alcohol consumption (liters of pure alcohol per capita per year) to 8.5 by 2025 (13, 2012)

# Physical inactivity



 $\bullet$  Reduce physical inactivity from 18.6% of population in 2019 to 17.6% by 2023

#### Sodium intake



[no target]

#### Tobacco use



• 3% reduction in tobacco consumption by 2020 (907 cigarettes per capita per year, 2012), reduce this value by 3% again by 2025

## Raised blood pressure



[no target]

### Diabetes and obesity



[no target]

• Stabilise the rate of obesity growth for both men (18% overweight in 2012) and women (19% overweight in 2012) for ages 20-64 by 2025

# Drug therapy to prevent heart attacks and strokes



[no target]

# Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



[no target]