### National NCD Targets for Lithuania

**Premature mortality from noncommunicable disease**
- Reduce mortality rate from cardiovascular disease (per 100,000) to 310.4 by 2025 (451.1, 2012)
- Reduce mortality rate from cancer (per 100,000) to 165.5 by 2025 (182.1, 2012)

**Harmful alcohol use**
- Reduce alcohol consumption (liters of pure alcohol per capita per year) to 8.5 by 2025 (13, 2012)

**Physical inactivity**
- Reduce physical inactivity from 18.6% of population in 2019 to 17.6% by 2023

**Sodium intake**
- [no target]

**Tobacco use**
- 3% reduction in tobacco consumption by 2020 (907 cigarettes per capita per year, 2012), reduce this value by 3% again by 2025

**Raised blood pressure**
- [no target]

**Diabetes and obesity**
- [no target]
- Stabilise the rate of obesity growth for both men (18% overweight in 2012) and women (19% overweight in 2012) for ages 20-64 by 2025

**Drug therapy to prevent heart attacks and strokes**
- [no target]

**Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases**
- [no target]

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Reference: LIETUVOS SVEIKATOS 2014–2023 METŲ PROGRAMOS (GYVENIMAMO VERTINIMO RODIKLIŲ IR JŲ REIKŠMĖS);
Nacionalinę visuomenės sveikatos priežiūros 2016–2023 metų plėtros programą

Based on country-provided documents as of October 2019.
Listed targets are only those closely linked to the Global NCD Targets.
Other national targets may exist.