

# National NCD Targets for Sri Lanka

## Premature mortality from noncommunicable disease



• 25% reduction in premature mortality from NCDs by 2025 (17.6% 2012)

#### Harmful alcohol use



• 10% reduction in the use of alcohol by 2025 (males 26% 2008)

## **Physical inactivity**



• 10% reduction in physical inactivity by 2025 (25% 2008)

#### Sodium intake



• 30% reduction in salt/sodium intake by 2025 (baseline 8.4 g/day)

### Tobacco use



• 30% reduction in tobacco use by 2025 (males 29.8% 2008)

## **Raised blood pressure**



• 25% reduction in raised blood pressure by 2025 (16.1% 2008)

#### **Diabetes and obesity**



• Halt the raise in diabetes by 2025

• Halt the raise in obesity by 2025

# Drug therapy to prevent heart attacks and strokes



50% of eligible people receive drug therapy to prevent CVD by 2025

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



80% availability of essential NCD medicines and basic technologies to treat major NCDs by 2025