

# National NCD Targets for Liberia

# Premature mortality from noncommunicable disease



• 80% reduction in premature mortality from NCDs among those under 40 years by 2020

• 25% reduction in premature mortality due to cancer, diabetes, cardiovascular disease and chronic respiratory diseases among those aged 30-70 years by 2025

### Harmful alcohol use



- 10% reduction in prevalence of alcohol use among adults by 2021
- 10% reduction in age-standardised prevalence of current alcohol use among those aged 18+ years by 2021

## **Physical inactivity**



[no target]

## Sodium intake



[no target]

### Tobacco use



• 10% decrease in tobacco use among adolescents by 2021

# **Raised blood pressure**



• 10% reduction in age-standardised prevalence of raised blood pressure among persons aged 18+ years by 2021

### **Diabetes and obesity**



[no target]

• 10% reduction in obesity and overweight in adolescents by 2021

## Drug therapy to prevent heart attacks and strokes



[no target]

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



• 100% of facilities have available, affordable, quality, safe and efficacious essential non-communicable disease medicine, including generics and basic technologies by 2021