

National NCD Targets for Lao People's Democratic Republic

Premature mortality from noncommunicable disease



[no target]

Harmful alcohol use



• 10% relative reduction in prevalence of heavy episodic drinking among adolescents and adults by 2025 (2013 baseline)

Physical inactivity



• 10% relative reduction in prevalence of insufficiently physically active persons aged 18+ years by 2015 (2013 baseline)

Sodium intake



[no target]

Tobacco use



• 30% relative reduction in prevalence of current tobacco use among persons aged 18+ years by 2025 (2013 baseline)

Raised blood pressure



• 25% relative reduction in prevalence of raised blood pressure among persons aged 18+ years by 2025 (2013 baseline)

Diabetes and obesity



- No rise in prevalence of raised blood glucose/diabetes among persons aged 18+ years from 2013 through 2025
- No rise in prevalence of overweight and obesity in persons aged 18+ years from 2013 through 2025

Drug therapy to prevent heart attacks and strokes



[no target]

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



[no target]