

Premature mortality from noncommunicable disease



- 20% reduction in risk of premature mortality from cardiovascular diseases, cancer, diabetes or chronic respiratory diseases by 2020

Harmful alcohol use



- 10% reduction in harmful use of alcohol by 2020

Physical inactivity



- 10% reduction in prevalence of insufficient physical activity by 2020

Sodium intake



- 15% reduction in mean population intake of salt

Tobacco use



- 30% reduction in prevalence of current tobacco use in adolescents by 2020
- 30% reduction in prevalence of current tobacco use in persons aged 15+ years by 2020

Raised blood pressure



[no target]

Diabetes and obesity



- Halt rise in diabetes by 2020

- Halt rise in obesity by 2020

Drug therapy to prevent heart attacks and strokes



- 50% of eligible people receive drug therapy and counselling (including glycaemic control) to prevent heart attacks and strokes by 2020

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



- 80% availability of the affordable and basic technologies and essential medicines, including generics, required to treat major and noncommunicable diseases in both public and private facilities by 2020