### National NCD Targets for Kazakhstan

**Premature mortality from noncommunicable disease**
- Reduce probability of premature mortality from 30 to 70 years from cardiovascular, oncological, chronic respiratory diseases and diabetes from 19.28% in 2018 to 15.43% by 2025

**Harmful alcohol use**
- Reduce registered alcohol consumption by persons over 18 years of age in liters of pure alcohol from 7.7 liters/year in 2018 to 6.5 liters/year by 2025

**Physical inactivity**
- Increase percentage of citizens involved in physical activity and sports from 29% in 2018 to 36% by 2025

**Sodium intake**
- Reduce salt consumption in the population from 16 g/day in 2018 to 11g/day by 2025

**Tobacco use**
- Reduce prevalence of tobacco smoking among the population of Kazakhstan aged 15 years and older from 22.2% in 2018 to 19.0% by 2025

**Raised blood pressure**
- [no target]

**Diabetes and obesity**
- [no target]

- Reduce prevalence of obesity among children (0-14 years old) - from 97.45/100 000 in 2018 to 90.0/100 000 by 2025

**Drug therapy to prevent heart attacks and strokes**
- [no target]

**Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases**
- [no target]