

National NCD Targets for Kazakhstan

Premature mortality from noncommunicable disease



• Reduce probability of premature mortality from 30 to 70 years from cardiovascular, oncological, chronic respiratory diseases and diabetes from 19.28% in 2018 to 15.43% by 2025

Harmful alcohol use



• Reduce registered alcohol consumption by persons over 18 years of age in liters of pure alcohol from 7.7 liters/year in 2018 to 6.5 liters/year by 2025

Physical inactivity



 $\bullet \ \text{Increase percentage of citizens involved in physical activity and sports from 29\% in 2018 to 36\% \ by 2025$

Sodium intake



• Reduce salt consumption in the population from 16 g/day in 2018 to 11g/day by 2025

Tobacco use



• Reduce prevalence of tobacco smoking among the population of Kazakhstan aged 15 years and older from 22.2% in 2018 to 19.0% by 2025

Raised blood pressure



[no target]

Diabetes and obesity



[no target]

• Reduce prevalence of obesity among children (0-14 years old) - from 97.45/100 000 in 2018 to 90.0/100 000 by 2025

Drug therapy to prevent heart attacks and strokes



[no target]

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



[no target]