

National NCD Targets for Jamaica

Premature mortality from noncommunicable disease



• 10% reduction in premature mortality from CVDs, cancer, diabetes, or chronic respiratory diseases and injuries by 2018

Harmful alcohol use



• 3% reduction in the harmful use of alcohol in persons aged 15+ years by 2018

Physical inactivity



- 5% reduction in prevalence of insufficient physical activity in adults by 2018
- 5% reduction in prevalence of insufficient physical activity in adolescents by 2018

Sodium intake



• 10% reduction in the mean population intake of salt/sodium by 2018

Tobacco use



• 10% reduction in prevalence of current tobacco use among person aged 15+ years and adolescents by 2018

Raised blood pressure



• 5% reduction in prevalence of raised blood pressure by 2018

Diabetes and obesity



[no target]

• 5% reduction in the prevalence of obesity by 2018

Drug therapy to prevent heart attacks and strokes



• 50% of eligible people receive drug therapy and counselling (including glycaemic control) to prevent heart attacks and strokes by 2018

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



• 80% availability of the affordable basic technologies and essential medicines, including generics, required to treat major non-communicable diseases in both public and private facilities by 2018