National NCD Targets for
Ireland

Premature mortality from noncommunicable disease
[no target]

Harmful alcohol use
- Reduce the amount of alcohol consumed by people over the age of 15 years to an annual per capita consumption of 9.2 litres of pure alcohol

Physical inactivity
- Increase by 20% proportion of the population undertaking regular physical activity

Sodium intake
[no target]

Tobacco use
- Reduce overall population prevalence of smoking by 1% per annum
- Reduce smoking initiation rates by 1% per annum

Raised blood pressure
[no target]

Diabetes and obesity
[no target]
- Increase by 5% the number of adults with a healthy weight by 2019
- Increase by 6% the number of children with a healthy weight by 2019

Drug therapy to prevent heart attacks and strokes
[no target]

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases
[no target]

Based on country-provided documents as of October 2019.
Listed targets are only those closely linked to the Global NCD Targets. Other national targets may exist.