

National NCD Targets for

India

Premature mortality from noncommunicable disease



• 25% relative reduction in overall mortality from the 4 main NCDs by 2025

Harmful alcohol use



• 10% relative reduction in alcohol use by 2025

Physical inactivity



• 10% relative reduction in the prevalence of physical inactivity by 2025

Sodium intake



• 30% relative reduction in mean population salt intake by 2025, with aim of achieving less than 5 mg of salt per day

Tobacco use



• 30% relative reduction in prevalence of current tobacco use by 2025

Raised blood pressure



• 25% relative reduction in prevalence of raised blood pressure by 2025

Diabetes and obesity



Halt the rise in diabetes by 2025

• Halt the rise in obesity by 2025

Drug therapy to prevent heart attacks and strokes



• 50% of eligible people receive drug therapy and counseling (including glycemic control) to prevent heart attacks and strokes by 2025

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



• 80% availability and affordability of quality, safe and efficacious essential NCD medicines including generics and basic technologies by 2025