

National NCD Targets for Honduras

Premature mortality from noncommunicable disease



• Reduce premature mortality from NCDs to 12% by 2025 (16% 2014)

Harmful alcohol use



• Reduce the prevalence of harmful alcohol consumption to 42.3% by 2025 (47% 2014)

Physical inactivity



[no target]

Sodium intake



[no target]

Tobacco use



• Reduce the prevalence of tobacco consumption among those aged 15+ years to 13.3% by 2025 (19% 2015)

Raised blood pressure



• Reduce the prevalence of hypertension to 21% by 2025 (24.3% 2014)

Diabetes and obesity



- No change in prevalence of diabetes by 2025 (7.2% 2015)
- No change in prevalence of obesity by 2025 (16.3% 2015)

Drug therapy to prevent heart attacks and strokes



[no target]

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



[no target]