

National NCD Targets for Guatemala

Premature mortality from noncommunicable disease



- 12.5% reduction of premature mortality due to NCDs by 2019 (baseline 2010)

Harmful alcohol use



- 5% reduction in the consumption of alcohol by 2019

Physical inactivity



- 5% reduction in prevalence of sedentary lifestyle and insufficient physical activity among adults by 2019
- 5% reduction in prevalence of insufficient physical activity among children and adolescents by 2019

Sodium intake



- 5% reduction in salt consumption among those aged 18+ years by 2019

Tobacco use



- 10% reduction in prevalence of consumption of tobacco by 2019 (baseline 2010)

Raised blood pressure



- 5% reduction in prevalence of hypertension by 2019 (baseline 2010)

Diabetes and obesity



- 5% reduction in prevalence of diabetes among those aged 18+ years by 2019 (baseline 2010)

- 5% reduction in prevalence of overweight and obese adults, children and adolescents by 2019

Drug therapy to prevent heart attacks and strokes



[no target]

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



[no target]