

National NCD Targets for Equatorial Guinea

Premature mortality from noncommunicable disease



[no target]

Harmful alcohol use



- By 2024, reduce percentage of population engaging in excessive alcohol consumption or abusive alcohol consumption to 10%
- By 2024, reduce percentage of population engaging in harmful alcohol consumption to 5%

Physical inactivity



• By 2024, increase percentage of population engaging in at least 150 mins of activity per week to 30%

Sodium intake



[no target]

Tobacco use



• By 2024, reduce percentage of daily smokers to 5%

Raised blood pressure



• By 2024, reduce percentage of population with elevated blood pressure or currently on medication for elevated BP to 18%

Diabetes and obesity



- By 2024, reduce percentage of patients with high fasting blood glucose or under medical treatment for high blood glucose to 18%
- By 2024, reduce percentage of population that is obese to 18%

Drug therapy to prevent heart attacks and strokes



[no target]

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



[no target]