

National NCD Targets for United Kingdom

Premature mortality from noncommunicable disease



[no target]

Harmful alcohol use



[no target]

Physical inactivity



[no target]

Sodium intake



- Reduce population salt intake to 7g/day by 2023

Tobacco use



- By end of 2022, reduce the prevalence of 15 year olds who regularly smoke from 8% to 3% or less
- By end of 2022, reduce smoking prevalence among adults in England from 15.5% to 12% or less
- By end of 2022, reduce the prevalence of smoking in pregnancy from 10.7% to 6% or less

Raised blood pressure



[no target]

Diabetes and obesity



[no target]

- Reduce childhood obesity by 50% by 2030

Drug therapy to prevent heart attacks and strokes



- By 2028, increase the proportion of patients accessing cardiac rehabilitation up to 85% of those eligible
- By 2022, deliver a ten-fold increase in the proportion of patients who receive a thrombectomy after a stroke so that each year 1,600 more people will be independent after their stroke

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



[no target]