

National NCD Targets for Finland

Premature mortality from noncommunicable disease



- 25% reduction in mortality from cardiovascular diseases, cancer, diabetes, or chronic respiratory diseases among people under 70 years of age by 2025

Harmful alcohol use



- At least 10% decrease in harmful use of alcohol by 2025

Physical inactivity



- 10% decrease in insufficient physical activity by 2025

Sodium intake



- 30% decrease in salt intake by 2025

Tobacco use



- 30% decrease in smoking by 2025

Raised blood pressure



- 25% decrease in hypertension by 2025

Diabetes and obesity



- Stop the increase in diabetes by 2025

- Stop the increase in obesity by 2025

Drug therapy to prevent heart attacks and strokes



- At least 50% of those in need of medication receive it to prevent and treat coronary heart disease and stroke by 2025

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



- 80% receive the treatment they need for these conditions by 2025