National NCD Targets for Finland

Premature mortality from noncommunicable disease

- 25% reduction in mortality from cardiovascular diseases, cancer, diabetes, or chronic respiratory diseases among people under 70 years of age by 2025

Harmful alcohol use

- At least 10% decrease in harmful use of alcohol by 2025

Physical inactivity

- 10% decrease in insufficient physical activity by 2025

Sodium intake

- 30% decrease in salt intake by 2025

Tobacco use

- 30% decrease in smoking by 2025

Raised blood pressure

- 25% decrease in hypertension by 2025

Diabetes and obesity

- Stop the increase in diabetes by 2025
- Stop the increase in obesity by 2025

Drug therapy to prevent heart attacks and strokes

- At least 50% of those in need of medication receive it to prevent and treat coronary heart disease and stroke by 2025

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases

- 80% receive the treatment they need for these conditions by 2025

Based on country-provided documents as of October 2019. Listed targets are only those closely linked to the Global NCD Targets. Other national targets may exist.

Reference: Painopiste preventioon Ronamuislaaumisessa tattuomattomien sairauksien ehkäisyä 2017