

National NCD Targets for

Eritrea

Premature mortality from noncommunicable disease



• Reduction in premature mortality from NCDs from 25% in 2010 to 23% by 2023

Harmful alcohol use



• Reduction in overall alcohol consumption (including hazardous and harmful drinking) from 38.2% in 2010 to 33% by 2023

Physical inactivity



• Reduce low physical activity from 17.7% in 2010 to 15% by 2023

Sodium intake



[no target]

Tobacco use



• Reduce current tobacco use from 4.4% in 2010 to 4% by 2023

Raised blood pressure



• Reduce the prevalence of high blood pressure from 14.1% in 2010 to 13% by 2023

Diabetes and obesity



• Reduce the prevalence of diabetes in adults from 4.7% in 2010 to 4.0% by 2023

• Reduce overweight and obesity in adolescents from 12.3% in 2010 to 11.7% by 2023

Drug therapy to prevent heart attacks and strokes



[no target]

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



[no target]