

# National NCD Targets for Dominica

#### Premature mortality from noncommunicable disease



• 15% reduction in the premature mortality due to the 4 major NCDs by 2025

#### Harmful alcohol use



• 10% reduction in the harmful use of alcohol by 2025

# Physical inactivity



- 10% relative reduction in prevalence of physical inactivity in adolescents by 2025
- ullet 10% relative reduction in prevalence of physical inactivity in adults (18+ yrs.) by 2025

#### Sodium intake



• 10% relative reduction in mean population intake of salt/sodium by 2025

#### Tobacco use



• 30% reduction in prevalence of current tobacco use by 2025

## Raised blood pressure



• 20% relative reduction in the prevalence of raised blood pressure among persons aged 18 + years by 2025

### Diabetes and obesity



- 5% decrease in raised blood glucose/diabetes among persons aged 18 + years by 2025
- $\bullet$  5% relative reduction of overweight and obesity in adolescents by 2025
- 5% relative reduction of overweight and obesity in adults (18 +yrs.) by 2025

# Drug therapy to prevent heart attacks and strokes



• 50% of eligible people receive drug therapy and counselling to prevent heart attacks and strokes by 2025

# Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



• 80% availability of the affordable basic technologies and essential medicines, including generics required to treat CVDs in public facilities by 2025