

Premature mortality from noncommunicable disease



- 17% relative reduction of premature mortality of cancer, cardiovascular diseases, cerebrovascular diseases, chronic respiratory diseases, chronic renal failure, diabetes and hypertension by 2021 (baseline 2013)

Harmful alcohol use



[no target]

Physical inactivity



- 7% relative reduction of insufficient physical activity by 2021

Sodium intake



- 15% relative reduction of daily average consumption of salt/sodium by 2021

Tobacco use



- 12% relative reduction of tobacco consumption prevalence by 2021 among people aged 15 years or older

Raised blood pressure



[no target]

Diabetes and obesity



[no target]

- Stop the relative increase of obesity in the population by 2021

Drug therapy to prevent heart attacks and strokes



- At least 50 % of the people age 40 years or older who have a cardiovascular risk >30% receive counseling, drug and pharmaceutical care to prevent heart attacks and strokes by 2021

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



- 80% availability of basic technologies and affordable essential medications, including generic medications, according to the comprehensive approach to NCDs at Primary Level Health Care, both in public and private health centers by 2021