

National NCD Targets for Cabo Verde

Premature mortality from noncommunicable disease



[no target]

Harmful alcohol use



• Reduce prevalence of harmful alcohol consumption to 20% by 2020 (from 23% in 2007)

Physical inactivity



[no target]

Sodium intake



[no target]

Tobacco use



• Reduce prevalence of tobacco use among those aged above 15 years to 8% by 2020 (from 9.9% in 2007)

Raised blood pressure



• Reduce hypertension prevalence to 42% by 2020 (from 44% in 2007)

Diabetes and obesity



• Reduce prevalence of diabetes to 12% by 2020 (from 13% in 2007)

• Reduce prevalence of obesity to 9% by 2020 (from 10% in 2007)

Drug therapy to prevent heart attacks and strokes



• By 2020, at least 50% of those eligible have access to treatment and counseling for prevention of CVD and stroke

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



[no target]