

# National NCD Targets for

Cameroon

# Premature mortality from noncommunicable disease



• 15% reduction in overall NCD mortality by 2020

#### Harmful alcohol use



• 10% reduction in harmful use of alcohol by 2020

# **Physical inactivity**



• 10% reduction in prevalence of insufficient physical activity by 2020

#### Sodium intake



• 15% reduction in mean salt/sodium intake by 2020

### Tobacco use



• 25% reduction in the prevalence of tobacco use among persons aged 15 and over by 2020

# **Raised blood pressure**



• 25% reduction in the prevalence of high blood pressure among persons aged 18 and over by 2020

#### **Diabetes and obesity**



• 25% reduction in the rise of diabetes by 2020

• 25% reduction in the rise of obesity by 2020

# Drug therapy to prevent heart attacks and strokes



• At least 50% of those eligible receive drug therapy and counseling (including glycemic control) to prevent heart attacks and strokes by 2020

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



• Availability in 80% of health facilities of affordable essential drugs and technologies for the management of NCDs by 2020