

Premature mortality from noncommunicable disease



- By 2030, reduce by one third premature mortality from NCDs through prevention and treatment and promote mental health well-being

Harmful alcohol use



[no target]

Physical inactivity



- 20% increase in average minutes/day of physical activity in adults by 2025
- 10% increase in average minutes/day of physical activity among children/youth by 2025

Sodium intake



[no target]

Tobacco use



- Reduce the percentage of Canadians (aged 15+) who are current cigarette smokers to less than 5% by 2035

Raised blood pressure



[no target]

Diabetes and obesity



- At most 6.2 of new cases per 1 000 age 1 and older by 2025

- At most 28% of adults who are obese by 2025

Drug therapy to prevent heart attacks and strokes



[no target]

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



[no target]