**Premature mortality from noncommunicable disease**

- By 2030, reduce by one third premature mortality from NCDs through prevention and treatment and promote mental health well-being

**Harmful alcohol use**

- [no target]

**Physical inactivity**

- 20% increase in average minutes/day of physical activity in adults by 2025
- 10% increase in average minutes/day of physical activity among children/youth by 2025

**Sodium intake**

- [no target]

**Tobacco use**

- Reduce the percentage of Canadians (aged 15+) who are current cigarette smokers to less than 5% by 2035

**Raised blood pressure**

- [no target]

**Diabetes and obesity**

- At most 6.2 of new cases per 1 000 age 1 and older by 2025
- At most 28% of adults who are obese by 2025

**Drug therapy to prevent heart attacks and strokes**

- [no target]

**Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases**

- [no target]