## National NCD Targets for Central African Republic

### Premature mortality from noncommunicable disease

- By 2021, 25% relative reduction in premature NCD mortality (2012 baseline)

### Harmful alcohol use

- By 2021, at least a 10% relative reduction in the harmful use of alcohol (2010 baseline)

### Physical inactivity

- By 2021, 10% reduction in prevalence of insufficient physical activity (2010 baseline)

### Sodium intake

- By 2021, 30% relative reduction in mean salt/sodium intake (baseline to be established based on 2015 data)

### Tobacco use

- By 2021, 30% reduction in the prevalence of tobacco use among persons aged 15 and over (2010 baseline)

### Raised blood pressure

- By 2021, 25% relative reduction in the prevalence of high blood pressure (2010 baseline)

### Diabetes and obesity

- By 2021, no rise in diabetes (2010 baseline)

- By 2021, no rise in obesity (2010 baseline)

### Drug therapy to prevent heart attacks and strokes

- By 2021, at least 50% of those eligible receive drug therapy and counseling (including glycemic control) to prevent heart attacks and strokes

### Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases

- By 2021, availability in 80% of health facilities of affordable essential drugs and technologies for the management of NCDs

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**Reference:** Plan stratégique des MNT (2015-2021)

Based on country-provided documents as of September 2017.

Listed targets are only those closely linked to the Global NCD Targets.

Other national targets may exist.