

National NCD Targets for Botswana

Premature mortality from noncommunicable disease



• 25% relative reduction in premature mortality from NCDs by 2023

Harmful alcohol use



• 10% relative reduction in harmful use of alcohol by 2023

Physical inactivity



• 10% relative reduction in insufficient physical activity by 2023

Sodium intake



[no target]

Tobacco use



• 30% relative reduction of tobacco use by 2023

Raised blood pressure



• 25% relative reduction of hypertension by 2023

Diabetes and obesity



• 0% increase in the prevalence of diabetes by 2023

• 0% increase in the prevalence of obesity by 2023

Drug therapy to prevent heart attacks and strokes



• 70% of eligible people receiving drug therapy to prevent heart attacks and stroke by 2023

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



[no target]