

# National NCD Targets for Belize

#### Premature mortality from noncommunicable disease



• Reduce premature NCD mortality by 25% by 2023

#### Harmful alcohol use



- 10% relative reduction in alcohol per capita consumption by 2023
- 10% relative reduction in the age-standardised prevalence of heavy episodic drinking among adolescents and adults by end 2022

# Physical inactivity



- 10% relative reduction in the prevalence of insufficiently physically active adolescents by end 2030
- 10% reduction in sedentarism by end 2023

#### Sodium intake



[no target]

#### Tobacco use



• 30% relative reduction in prevalence of current tobacco use by 2022

## Raised blood pressure



• 25% relative reduction in the prevalence of raised blood pressure by 2023

### Diabetes and obesity



- 0% increase in Type II diabetes by end 2023
- $\bullet$  0% increase in adult overweight and obesity by end 2023

# Drug therapy to prevent heart attacks and strokes



[no target]

# Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



• 80% availability of the affordable basic technologies and essential medicines, including generics, required to treat major NCDs in both public and private facilities by end of 2018