

# National NCD Targets for Belarus

#### Premature mortality from noncommunicable disease



[no target]

#### Harmful alcohol use



• Reduce alcohol consumption per capita to 9.2 liters by 2020

### **Physical inactivity**



• Increase proportion of adults who are physically active (average at least 30 minutes per day) to 40% by 2020

#### Sodium intake



• Reduce consumption of salt to 5 g/day by 2020

#### Tobacco use



• Reduce prevalence of tobacco use among persons aged 16+ years to 24.5% by 2020

## Raised blood pressure



[no target]

#### Diabetes and obesity



[no target]

[no target]

# Drug therapy to prevent heart attacks and strokes



[no target]

# Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



[no target]