

National NCD Targets for Benin

Premature mortality from noncommunicable disease



- Reduce NCD mortality by 25% by 2025

Harmful alcohol use



- 10% relative reduction in harmful alcohol use as appropriate in the national context of Benin

Physical inactivity



- 10% relative reduction in insufficient physical activity by 2025

Sodium intake



- 30% relative reduction in mean population salt/sodium intake by 2025

Tobacco use



- 30% relative reduction in tobacco consumption in people ages 15 and above by 2025

Raised blood pressure



- 25% relative reduction in the prevalence of raised blood pressure or limitation of prevalence of high blood pressure according to the national situation in Benin by 2025

Diabetes and obesity



- Halt the rise of diabetes by 2025

- Halt the rise of obesity by 2025

Drug therapy to prevent heart attacks and strokes



- At least 50% of eligible people receive drug therapy and counseling (including glycemic control) to prevent heart attacks and strokes by 2025

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



- 80% availability of affordable basic technologies and essential medicines, including generics, required to treat major NCDs in both public and private facilities by 2025