

National NCD Targets for Burundi

Premature mortality from noncommunicable disease



• 15% reduction in overall NCD mortality (including premature) from CVDs, cancer, diabetes, and COPDs by 2020 (2015 baseline)

Harmful alcohol use



• 10% reduction in alcohol use by 2020 (2015 baseline)

Physical inactivity



• 10% reduction in the prevalence of physical inactivity among aged 18 and over by 2020 (2015 baseline)

Sodium intake



• 10% reduction in salt intake among aged 18 and over by 2020 (2015 baseline)

Tobacco use



• 25% reduction in the prevalence of tobacco use among aged 15 and over by 2020 (2015 baseline)

Raised blood pressure



• 10% reduction in the prevalence in hypertension among aged 18 and over by 2020 (2015 baseline)

Diabetes and obesity



[no target]

 \bullet 10% reduction in the prevalence of obesity in aged 18 and over by 2020 (2015 baseline)

Drug therapy to prevent heart attacks and strokes



[no target]

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



[no target]