

National NCD Targets for Antigua and Barbuda

Premature mortality from noncommunicable disease



• 20% relative reduction of premature mortality due to NCDs by 2019

Harmful alcohol use



• 2% relative reduction of harmful use of alcohol by 2019 (among aged 15+)

Physical inactivity



• 20% relative reduction in prevalence of insufficient physical activity among adolescents by 2019

Sodium intake



• 5% relative reduction of salt intake from baseline by 2019

Tobacco use



[no target]

Raised blood pressure



• 15% relative reduction in age-standardized prevalence of raised blood pressure

Diabetes and obesity



• 15% relative reduction in age-standardized prevalence of raised blood glucose/diabetes

- 5% relative reduction of age-standardized prevalence of overweight/obesity in persons aged 18+ by 2019
- 5% relative reduction in agestandardized prevalence of overweight/obesity in school-aged children and adolescents by 2019

Drug therapy to prevent heart attacks and strokes



• At least 75% of eligible people received drug therapy and counselling to prevent heart attacks and strokes

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



[no target]