

# National NCD Targets for

Armenia

#### Premature mortality from noncommunicable disease



• 5% reduction in total mortality from CVDs, MTs, COPD and diabetes by 2020

#### Harmful alcohol use



• 4% reduction in harmful use of alcohol by 2020

#### **Physical inactivity**



• 10% reduction in the prevalence of low physical activity (among adolescents and persons aged > 18 years) by 2020

#### Sodium intake



• 10% reduction of excessive salt consumption by 2020

#### Tobacco use



• 10% relative reduction in the current prevalence of tobacco use among the population aged 15 and over by 2020

#### **Raised blood pressure**



• No rise in the prevalence of arterial hypertension through 2020

#### **Diabetes and obesity**



• Deceleration of the increase in the prevalence of diabetes through 2020

• Deceleration of the increase in the prevalence of obesity through 2020

### Drug therapy to prevent heart attacks and strokes



• At least 25% of eligible people receive appropriate medical treatment and follow-up care (including glycaemia control) for the purpose of myocardial infarction, stroke and heart attacks prevention by 2020

## Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



• 40% availability of the technologies and medicines (including generics) required for NCDs diagnosis and treatment in both public and private healthcare facilities by 2020