

National NCD Targets for Albania

Premature mortality from noncommunicable disease



• By 2025, halt the rise of premature mortality from NCD

Harmful alcohol use



• By 2025, halt the rise of binge drinking among adolescents

Physical inactivity



• By 2025, reduce physical inactivity among school-aged children by 10%

Sodium intake



[no target]

Tobacco use



• By 2025, halt the rise of tobacco use among women

Raised blood pressure



• By 2025, 10% relative reduction in the prevalence of raised blood pressure

Diabetes and obesity



[no target]

• By 2025, halt the rise in obesity

Drug therapy to prevent heart attacks and strokes



•By 2025, at least 50% of eligible at-risk population undergoes the appropriate therapy

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



• By 2025, improve access to essential medicines required to treat major NCDs by 25%