

# National NCD Targets for

#### Premature mortality from noncommunicable disease



• Reduce the burden of preventable morbidity and disability and avoid premature mortality due to non-communicable diseases and injuries by 25% by 2025

# Harmful alcohol use



[no target]

# **Physical inactivity**



• 10% relative reduction in prevalence of insufficient physical activity by 2025

#### Sodium intake



• 20% relative reduction in mean population intake of salt by 2025

# Tobacco use



• 30% relative reduction in prevalence of current tobacco use in person aged 15+ years by 2025

# Raised blood pressure



• 20% relative reduction in prevalence of raised blood pressure by 2025

#### **Diabetes and obesity**



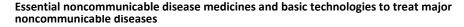
• Halt the rise in prevalence of diabetes by 2025

• Halt the rise in prevalence of obesity by 2025

# Drug therapy to prevent heart attacks and strokes



• At least 50% drug therapy to prevent stroke and heart attacks by 2025





At least 80% essential non-communicable diseases medicines and basic technologies to treat non-communicable diseases by 2025