"Healthy Ageing - the process of developing and maintaining the functional ability that enables wellbeing in older age."
Opportunities to foster Healthy Ageing
Global Strategy and Action Plan on Ageing and Health

- Commitment to action on *Healthy Ageing*
- Age-friendly environments
- Health systems aligned to the needs of older populations
- Systems for long-term care
- Better measurement, monitoring and research
Healthy Ageing and Innovation

Social Innovation
- Social structures
- Attitudes
- Incentives and opportunities

Systems Innovation
- Not a silo!
- Integration first financing second
- Primary vs hospital care
- Rural vs Urban

Technological Innovation
New ways to measure what we are doing

Structural Equation Modelling of ELSA
Confirmatory Factor Analysis of Theory Based Domains of Intrinsic Capacity

- Locomotor capacity
- Cognitive capacity
- Sensory capacity
- Psychosocial capacity
- Vitality
New ways to measure what we are doing
Health care that no longer starts with disease

Length-for-age BOYS
Birth to 2 years (percentiles)

Age (completed months and years)
Health care that no longer starts with disease