Be **KIND** to address fear during #coronavirus

- Show empathy with those affected
- Learn about the disease to assess the risk
- Adopt practical measures to stay safe

Learn more to Be **READY** for #COVID19:
www.who.int/COVID-19
Be **KIND** to address stigma during #coronavirus

- Share the latest facts
- Show solidarity with affected people
- Tell the stories of people who have experienced the virus

Learn more to Be **READY** for #COVID19: www.who.int/COVID-19
Be **KIND** to support loved ones during **#coronavirus**

- Check in regularly especially with those affected
- Encourage them to keep doing what they enjoy
- Share WHO information to manage anxieties
- Provide calm and correct advice for your children

Learn more to **Be READY for #COVID19**:  
[www.who.int/COVID-19](http://www.who.int/COVID-19)
Be **SAFE** from #coronavirus

if you are 60+ or if you have an underlying condition like:

- Cardiovascular disease
- Respiratory condition
- Diabetes

by avoiding crowded areas or places where you might interact with people who are sick.

Learn more to Be **READY** for #COVID19:
www.who.int/COVID-19
Be SMART & inform yourself about #coronavirus

- Follow accurate public health advice from WHO & your local health authority
- Follow the news on latest coronavirus updates
- To avoid spreading rumors, always check the source you are getting information from
- Don’t spread rumors

Learn more to Be READY for COVID19: www.who.int/COVID-19
Be INFORMED
Be PREPARED
Be SMART
Be SAFE
Be READY to fight 
#COVID19

For the latest health advice, go to:  
www.who.int/COVID-19
Be **READY** for **#coronavirus**

WHO is giving advice on how to protect ourselves & others:

Be **SAFE** from coronavirus infection

Be **SMART** & inform yourself about it

Be **KIND** & support one another

Learn more about **#COVID19** & share with your loved ones: [www.who.int/COVID-19](http://www.who.int/COVID-19)