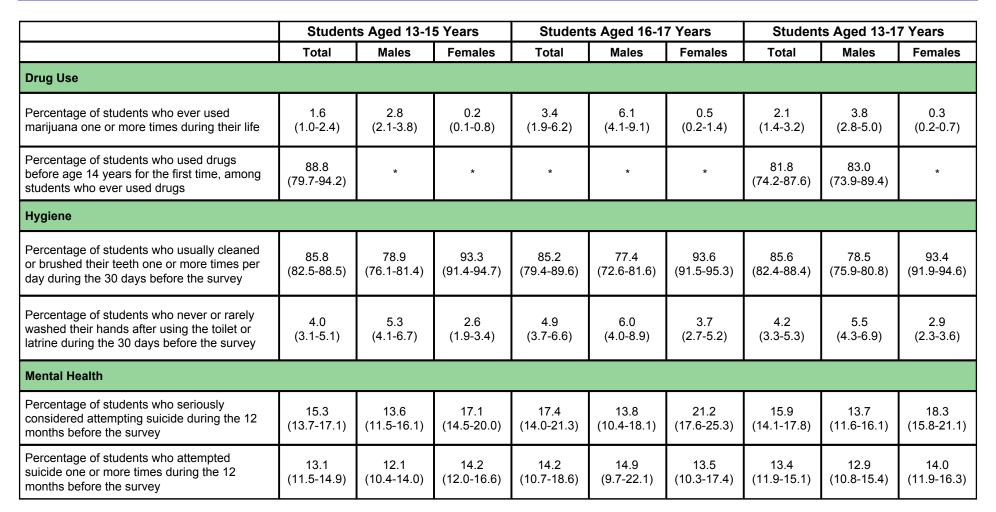


The 2016 Bahrain GSHS was a school-based survey of students in Grades 7-11, which are typically attended by students aged 13-17. A two-stage cluster sample design was used to produce data representative of all students in Grades 7-11 in Bahrain. At the first stage, schools were selected with probability proportional to enrollment size. At the second stage, classes were randomly selected and all students in selected classes were eligible to participate.

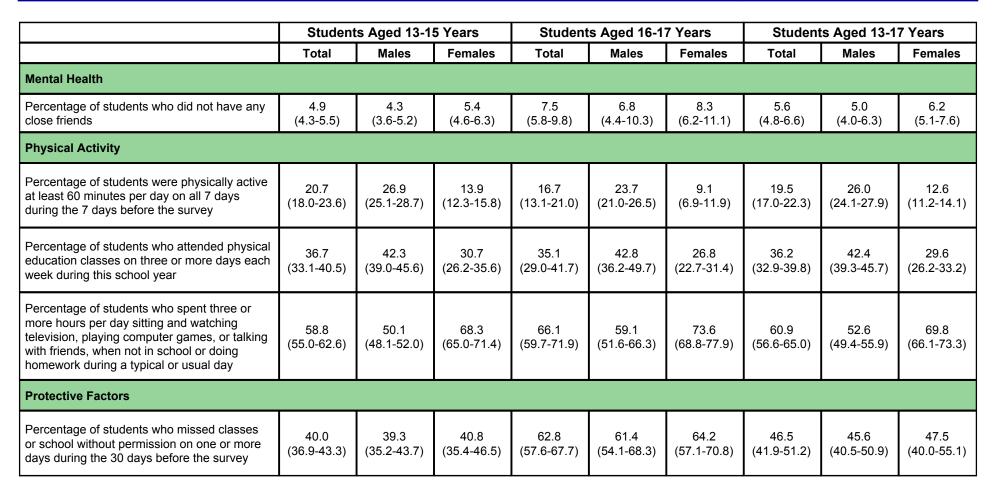
The Bahrain GSHS measured dietary behaviors; drug use; hygiene; mental health; physical activity; protective factors; tobacco use; and violence and unintentional injury. Students self-reported their responses to each question on a computer scanable answer sheet.

The school response rate was 100%, the student response rate was 89%, and the overall response rate was 89%. A total of 7,141 students participated in the Bahrain GSHS. Prevalence estimates (percentages) and 95% confidence intervals are presented below.

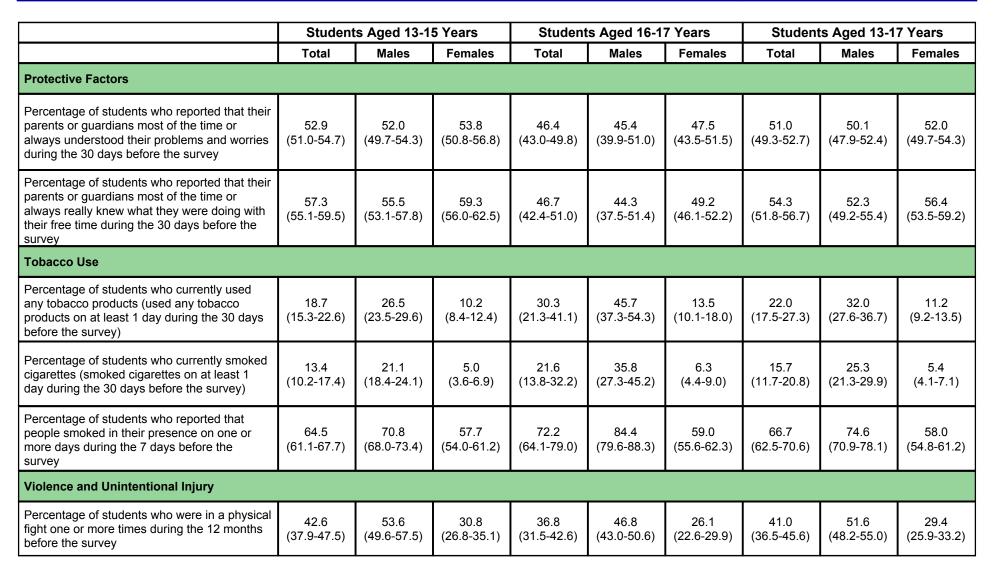
	Students Aged 13-15 Years			Students Aged 16-17 Years			Students Aged 13-17 Years			
	Total	Males	Females	Total	Males	Females	Total	Males	Females	
Dietary Behaviors										
Percentage of students who were underweight (<-2SD from median for BMI by age and sex)	5.1 (3.9-6.6)	6.3 (4.4-8.9)	3.9 (3.1-4.9)	5.3 (3.9-7.1)	4.5 (2.8-7.2)	6.1 (4.3-8.7)	5.2 (4.2-6.3)	5.7 (4.1-8.1)	4.5 (3.6-5.7)	
Percentage of students who were overweight (>+1SD from median for BMI by age and sex)	39.5 (37.5-41.6)	40.4 (36.7-44.1)	38.6 (36.5-40.9)	36.5 (33.5-39.5)	36.5 (33.4-39.8)	36.4 (31.1-42.0)	38.6 (37.0-40.3)	39.3 (37.1-41.4)	38.0 (35.9-40.1)	
Percentage of students who were obese (>+2SD from median for BMI by age and sex)	17.7 (16.1-19.5)	18.8 (16.1-21.8)	16.6 (14.9-18.5)	18.3 (16.3-20.5)	18.2 (16.1-20.5)	18.4 (14.8-22.5)	17.9 (16.6-19.3)	18.6 (16.5-20.9)	17.1 (15.9-18.4)	
Percentage of students who usually drank carbonated soft drinks one or more times per day during the 30 days before the survey	34.3 (30.5-38.2)	40.1 (36.4-43.9)	28.0 (24.9-31.3)	36.9 (32.1-42.0)	42.7 (37.6-47.8)	30.7 (25.0-37.0)	35.0 (31.5-38.7)	40.8 (37.7-44.0)	28.8 (25.3-32.5)	















	Students Aged 13-15 Years			Students Aged 16-17 Years			Students Aged 13-17 Years		
	Total	Males	Females	Total	Males	Females	Total	Males	Females
Violence and Unintentional Injury									
Percentage of students who were seriously injured one or more times during the 12 months before the survey	45.3 (41.1-49.5)	54.1 (51.0-57.2)	35.6 (31.6-39.8)	43.2 (37.9-48.6)	51.7 (47.8-55.6)	33.8 (29.1-39.0)	44.7 (40.9-48.5)	53.5 (50.8-56.1)	35.1 (32.7-37.6)
Percentage of students who were bullied on one or more days during the 30 days before the survey	29.4 (26.5-32.5)	35.6 (33.3-38.1)	22.8 (20.9-24.7)	25.2 (21.8-28.9)	29.6 (26.2-33.2)	20.4 (16.7-24.8)	28.2 (25.7-30.9)	33.9 (31.7-36.2)	22.1 (20.1-24.2)

For additional information, please contact: Dr Eman Haji, Head of School Health Ministry of Health, Bahrain, EHaji@health.gov.bh For general information about the GSHS, please visit: http://www.who.int/chp/gshs/en/ or http://www.cdc.gov/gshs